

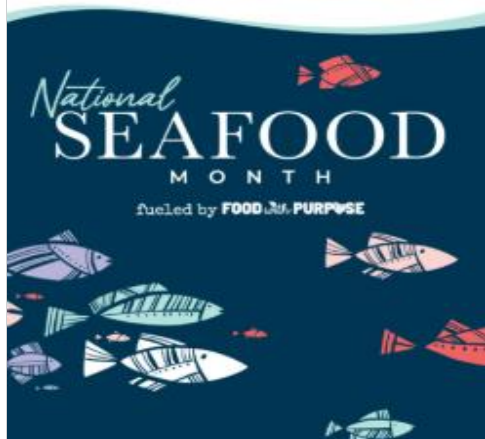
FOOD *First*

TORREY PINES CAFÉ 7
Monday – Friday | 07:00 am – 01:30 pm

WEEK OF OCTOBER 12

WEEKLY FEATURES

GET HOOKED!



SOUPS

MONDAY

tomato basil *
2.00/2.75/3.50

TUESDAY

chicken tortilla
2.00/2.75/3.50

WEDNESDAY

veggie quinoa *
2.00/2.75/3.50

THURSDAY

beef chili
2.00/2.75/3.50

FRIDAY

creamy kofta mushroom *
2.00/2.75/3.50

**SOMETHING
DELICIOUS
AWAITS YOU**

RISE & SHINE



BREAKFAST SPECIAL

sweet potato breakfast burrito *	6.50
spicy chicken mushroom breakfast sandwich	6.50
potato pork sausage & cage free egg strudel	6.50
banana candy walnut french toast	6.50
southwest egg white breakfast flatbread *	6.50

MONDAY

CREATE: caribbean jerk pork with island coconut rice & sweet plantains * 9.00

FLAME: hammy grill cheese sandwich 8.00

VG STATION: black pepper chive polenta cake * 8.00

TUESDAY

CREATE: beef barbacoa enchiladas with mexican red rice & traditional refried beans 9.00

FLAME: turkey waldorf with walnuts on telerea bread 8.00

VG STATION: portobello & kofta mushroom wrap * 8.00

WEDNESDAY

CREATE: chicken massaman curry with fried rice & roasted curry zucchini 9.00

FLAME: portobello bacon steak sandwich on sourdough bread 8.50

VG STATION: herbed grill veggie supreme sandwich on focaccia * 8.00

THURSDAY

CREATE: beef & shiitake kofta & quinoa tabouli * 9.00

FLAME: chipotle honey butter salmon roll * 9.00

VG STATION: chicken pozole with all toppings 8.00

FRIDAY

CREATE: saffron fish stew with grill vegetables * 9.00

FLAME: chicken parmesan sandwich 8.50

VG STATION: black bean quesadilla * 8.00

CONNECT WITH *Us*



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* SUGGESTED HEALTHY OPTIONS