

FOOD *First*

TORREY PINES CAFÉ 7
Monday – Friday | 07:00 am – 01:30 pm

WEEK OF AUGUST 10



SOUPS

MONDAY
tofu miso *
2.00/2.75/3.50

TUESDAY
chicken noodles
2.00/2.75/3.50

WEDNESDAY
french onion *
2.00/2.75/3.50

THURSDAY
split pea with ham *
2.00/2.75/3.50

FRIDAY
fish florentine *
2.00/2.75/3.50

RISE & SHINE



BREAKFAST SPECIAL

breakfast turkey polenta cake *	6.50
breakfast egg bowl with citrus salsa *	6.50
applewood bacon avocado omelet	6.50
mushroom spinach & egg breakfast flatbread *	6.50
avocado chilaquiles	6.50

MONDAY

CREATE: peruvian lomo salteado with sea salt fries & jasmine rice *	9.00
FLAME: southwestern chicken caesar wrap	8.00

VG STATION: portobello mushroom & provolone cheese wrap * 8.00

TUESDAY

CREATE: pollo asado with corn on the cob & mexican red rice 9.00

FLAME: cali-turkey club * 8.00

VG STATION: seasonal mix veggie calzone * 8.00

WEDNESDAY

CREATE: classic lamb & beef gyro plate 9.00

FLAME: carne asada nachos with all toppings 9.00

VG STATION: super grain salad bowl, arugula & honey mint dressing * 8.00

THURSDAY

CREATE: carved roasted garlic lemon turkey with scalloped potatoes & grill vegetables * 9.00

FLAME: grill chicken sandwich with pineapple salsa * 8.00

VG STATION: pasta primavera with lemon caper sauce 8.00

FRIDAY

CREATE: salmon florentine with confetti brown rice & roasted mix vegetables * 9.00

FLAME: frizzled onion bbq turkey burger 8.50

VG STATION: teriyaki tofu bowl over sticky rice * 8.00

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