

EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast - 7am to 10am

Lunch- 11am to 1:30pm

APRIL 6-10



RISE & SHINE

BREAKFAST SPECIALS

MONDAY- chicken fajitas egg white breakfast burrito	6.50
TUESDAY- spinach & seasonal mixed vegetables quiche *	6.50
WEDNESDAY- turkey sausage breakfast jalapeno bagel sandwich	6.50
THURSDAY- egg white mushroom omelet with pepper jack cheese *	6.50
FRIDAY- salmon breakfast wrap & house breakfast potatoes *	7.50

WEEKLY FEATURES



MON

CREATE

chicken souvlaki gyro with all toppings & roasted potato wedges *

FLAME

roasted mix seasonal vegetables balsamic wrap *



9.00

8.00

TUES

CREATE

pork carnitas tacos with & cilantro lime rice & refried beans

FLAME

white cheddar mac n' cheese grilled cheese sandwich



9.00

8.00

WED

CREATE

shrimp moilee served with basmati rice & vegetable kurma *

FLAME

chopped bbq crispy chicken wrap & seasoned crispy fries



9.00

8.00

THURS

CREATE

crispy buffalo chicken cheddar mac n' cheese

FLAME

italian sub sandwich (salami pepperoni capicola) & house chips



9.00

8.00

FRI

CREATE

baked salmon dijon served with confetti rice & roasted garlic asparagus *

FLAME

portobello mushroom & chicken flatbread *



9.00

8.00

SOUPS

MONDAY

tomato basil *

TUESDAY

pork pozole
2.00/2.50/3.00

WEDNESDAY

southwest chicken *

2.00/2.75/3.50

THURSDAY

pesto kale mushroom *

2.00/2.50/3.00

FRIDAY

clam chowder
2.00/2.50/3.00

CONNECT WITH US

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Suggested healthy option