# EAT. DRINK. SOCIALIZE.

## CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm
Breakfast - 7am to 10am
Lunch- 11am to 1:30pm

## MARCH 16-20

## RISE & SHINE

### BREAKFAST SPECIALS

| | |
|---|---|
| **MONDAY-** egg white omelet with sautéed seasonal mix vegetables | 6.50 |
| **TUESDAY-** pesto bacon egg & cheese breakfast flat bread | 6.50 |
| **WEDNESDAY-** spinach quiche with fresh mozzarella cheese | 6.50 |
| **THURSDAY-** ham egg & cheese bagel | 6.50 |
| **FRIDAY-** avocado chilaquiles with two any style eggs | 6.50 |

## MON

**CREATE**
chicken tikka masala rice bowl with cucumber raita dressing — 9.00

**FLAME**
portobello avocado mix seasonal veggie wrap — 8.00

dhaba flavors of india

## TUES

**CREATE**
beef brisket with stream parsley potatoes
braised green cabbage & carrots — 9.00

**FLAME**
breaded buffalo chicken sandwich with blue cheese dressing — 8.00

EAT, DRINK AND BE IRISH Happy St. Patrick's Day

## WED

**CREATE**
beef & lamb or lemon oregano chicken gyro — 9.00

**FLAME**
italian meatball sub with fresh mozzarella cheese — 8.00

mezze MEDITERRANEAN CUISINE

## THURS

**CREATE**
bowtie herbed chicken pasta with garlic buttery parmesan bread — 9.00

**FLAME**
corned beef ruben sandwich with swiss on rye bread — 8.00

piccola italia

## FRI

**CREATE**
ahi poke bowl — 9.50

**FLAME**
turkey spinach & artichoke melt on telera bread — 8.00

RHYTHM & ROUX

## CONNECT WITH US

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Suggested healthy option

## WEEKLY FEATURES

## SOUPS

**MONDAY**
broccoli cheddar

**TUESDAY**
chicken baja
2.00/2.50/3.00

**WEDNESDAY**
pork kale
2.00/2.75/3.50

**THURSDAY**
beef chili
2.00/2.50/3.00

**FRIDAY**
jalapeno roasted corn
2.00/2.50/3.00