

# EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast – 7am to 10am

Lunch – 11am to 1:30pm

FEB 2-6



## RISE & SHINE

### BREAKFAST SPECIALS

<b>MONDAY</b> - bacon vegetable scramble cage free egg breakfast bowl *	6.50
<b>TUESDAY</b> - denver hash breakfast wrap	6.50
<b>WEDNESDAY</b> - soy chorizo kale & sweet potato flatbread *	6.50
<b>THURSDAY</b> - nutella waffle with two any style eggs	6.50
<b>FRIDAY</b> - smoked salmon egg benedict *	8.50

MON

### CREATE

crispy pork belly served with hoisin lo main noodles & fry roll



9.00

### FLAME

grill chicken pesto panini with house chips \*

8.00

TUES

### CREATE

chicken curry served with coconut jasmine rice & island vegetables \*



9.00

### FLAME

mediterranean vegetable hummus spinach wrap \*

8.00

WED

### CREATE

bbq beef, smashed potatoes & grill mix seasonal vegetables



9.00

### FLAME

roasted pork fennel arugula with apple chutney on telera bread \*

8.00

THURS

### CREATE

blackened shrimp penne pasta served with seasonal steam mix vegetables & garlic dinner roll



9.50

### FLAME

orange sun rise chicken with french fries

8.00

FRI

### CREATE

carne asada nachos with all toppings



9.00

### FLAME

chickpea masala burger with grill red onion & waffle fries \*

8.00

CONNECT  
WITH US

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Suggested healthy option

## WEEKLY FEATURES

February 5th



## SOUPS

### MONDAY

thai coconut chicken \*

2.00/2.50/3.00

### TUESDAY

garden vegetable \*

2.00/2.50/3.00

### WEDNESDAY

chicken noodle

2.00/2.75/3.50

### THURSDAY

mushroom beef \*

2.00/2.50/3.00

### FRIDAY

seafood chowder

2.00/2.50/3.00