

EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast - 7am to 10am

Lunch- 11am to 1:30pm

DIC 1-5



RISE & SHINE

BREAKFAST SPECIALS

MONDAY - chorizo potato hash with egg	6.50
TUESDAY - grilled pear pancakes & scrambled eggs whites *	6.50
WEDNESDAY - staffed ham & brie croissant	6.50
THURSDAY - farmhouse breakfast bowl & eggs *	6.50
FRIDAY - veggie breakfast pizza	6.50

MON

CREATE

lebanese chicken kebabs served with mezze fall vegetables,
hummus & pita chips *

FLAME

chicken philly cheesesteak & fries



9.00

8.00

TUES

CREATE

lemon dill salmon served with green almondine & broccoli bacon salad *

FLAME

sweet potato pickled veggie burger & house chips

9.00

8.00

WED

CREATE

rosemary garlic pork served with ratatouille & rice *

FLAME

smoked pork torta & onion rings



9.00

8.00

THURS

CREATE

coconut curry shrimp tacos with spanish riced cauliflower *

FLAME

meatball sub & fries



9.00

8.00

FRI

CREATE

turkey marinara meatballs & penne pasta *

FLAME

tuna salad sub & waffle fries *



9.00

8.00

WEEKLY FEATURES

NATIONAL

Comfort
Food DAY
DECEMBER 5

SOUPS

MONDAY

tomato lentil *
2.00/2.50/3.00

TUESDAY

chicken tortilla
2.00/2.50/3.00

WEDNESDAY

turkey barley *
2.00/2.75/3.50

THURSDAY

french onion *
2.00/2.50/3.00

FRIDAY

poblano quinoa corn *
2.00/2.50/3.00

CONNECT
WITH US

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Suggested healthy option