

EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast – 7am to 10am

Lunch – 11am to 1:30pm

AUGUST 18-22



RISE & SHINE

BREAKFAST SPECIALS

MONDAY - western omelet breakfast flatbread *	6.50
TUESDAY - bacon egg & cheese english muffin	6.50
WEDNESDAY - banana & mix berries breakfast pancakes	6.50
THURSDAY - breakfast peach greek yogurt parfait *	6.50
FRIDAY - breakfast chicken sandwich & pepper jack on kaiser roll *	6.50

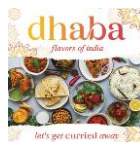
MON

CREATE

chicken chettinad served with lemon cashew rice
& curry vegetables *

FLAME

white truffle burger with bacon, goat cheese & red onion jam *



9.00

8.00

TUES

CREATE

herbed tri tip topped with garlic brown sauce served with
mashed potatoes & sautéed mix vegetables *

FLAME

pork mushrooms caramelized onions & swiss cheese on baguette



9.00

8.00

WED

CREATE

spicy jerk chicken with black beans & jasmine coconut rice *

FLAME

my hammy grill cheese sandwich



9.00

8.00

THURS

CREATE

creamy tomato basil chicken pasta served with caprese salad
& toasted garlic bread

FLAME

chili cheeseburger on brioche & house chips



9.00

8.00

FRI

CREATE

baked crispy cod with lemon & garlic served with artichoke &
roasted pepper pesto spinach salad & baked potato wedges *

FLAME

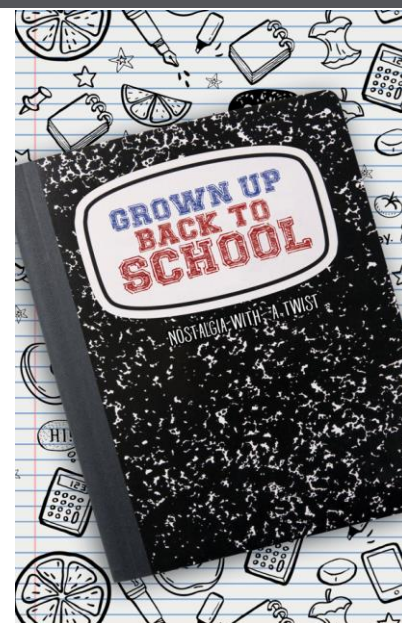
mediterranean club on wheat served with breaded onion rings



9.00

8.00

WEEKLY FEATURES



eatify

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SOUPS

MONDAY

tomato basil *
2.00/2.50/3.00

TUESDAY

chicken rice *
2.00/2.50/3.00

WEDNESDAY

spilt pea & ham *
2.00/2.75/3.50

THURSDAY

beef barley *
2.00/2.50/3.00

FRIDAY

clam chowder
2.00/2.50/3.00

**CONNECT
WITH US**

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Suggested healthy option