

# EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday - Friday | 7:00 am - 1:30 pm

Breakfast - 7am to 10am

Lunch - 11am to 1:30pm

FEB 17-21



## RISE & SHINE

- TUESDAY**- spinach egg white omelet & potato hash \* 6.50
- WEDNESDAY**- overnight oat with almond coconut milk & seasonal mix berries \* 6.50
- THURSDAY**- pork sausage breakfast cheese pizza & tater tots 6.50
- FRIDAY**- banana buttermilk pancakes & side of applewood bacon 6.50

MON

Closed for  
President's Day



TUES

### CREATE

colorado chicken mole with corn red rice & charro pork beans 9.00

### FLAME

grilled chicken teriyaki sandwich & french fries  8.00

WED

### CREATE

roasted oven corned beef, parsley steam potatoes & steamed green cabbage \* 9.00

### FLAME

carne asada nacho supreme  8.00

THURS

### CREATE

beef & lamb greek gyro plate \*  9.00

### FLAME

buffalo chicken wrap with potato wedges 8.00

FRI

### CREATE

spaghetti meatballs, house-made marinara sauce and steamed vegetables 9.00

### FLAME

crispy fish sandwich on brioche bun & french fries  8.00

CONNECT  
WITH US

[cafeteria7@ga.com](mailto:cafeteria7@ga.com)/[ruth.carrillo@compass-usa.com](mailto:ruth.carrillo@compass-usa.com)

Ruth Carrillo 858-455-2147



Suggested healthy option

## WEEKLY FEATURES

# TASTE THE ADVENTURE

Take a chocolate detour with our Rocky Road Cookie!



Available for a limited time!

A CHOCOLATE MEDLEY OF REAL WHITE AND SEMI-SWEET CHOCOLATE CHIPS, TOFFEE CANDY PIECES, AND REAL COCOA.



eatify

Download and order with the app today!

## SOUPS

### TUESDAY

jambalaya \*

1.75/2.50/3.00

### WEDNESDAY

garden lentil (vegetarian) \*

1.75/2.50/3.00

### THURSDAY

thai chicken \*

1.75/2.50/3.00

### FRIDAY

corn chowder (vegetarian) \*

1.75/2.50/3.00