

# EAT. DRINK. SOCIALIZE.

CAFÉ 7

Monday – Friday | 7:00 am – 1:30 pm

Breakfast - 7am to 10am

Lunch- 11am to 1:30pm

WEEK OF MAY 20-24



## RISE & SHINE

### BREAKFAST SPECIALS

<b>MONDAY</b> - vegetarian breakfast nachos topped with fried egg	6.50
<b>TUESDAY</b> - mediterranean breakfast wrap	6.50
<b>WEDNESDAY</b> - loaded gyro omelet	6.50
<b>THURSDAY</b> - banana walnut stuffed french toast	6.50
<b>FRIDAY</b> - breakfast tot bowl with sausage, eggs, gravy and cheese	6.50

IT'S NATIONAL EGG MONTH  
CAGE-FREE

## WEEKLY FEATURES



**JOSE HERMOSILLO**

Executive Chef

I grew up in Upland, California a couple hours north of San Diego. When I was younger, I can remember a lot of time spent with my family. One memory I have, is of my grandmother not letting anyone leave her home without eating. I took that attitude as she wanted to nurture and take care of family and friends.

For myself, family is everything. I have family members that have sacrificed for me to make sure I succeed in life. That's the main reason I chase my dream and work hard. I am very thankful for their sacrifices. Now that I have two boys of my own, I instill that nurture into them.

I decided at the age of twenty to enter culinary school but even with that schooling I still started as a busser/dish washer and worked very hard to earn a Chef position. As time progressed within Compass Group, I wanted to work hard, develop my craft and have my guests feel welcomed. I have found a great passion and respect for food service to which I will put forth in making delicious entrees for my guests.

**MON**

### CREATE

fire braised pork bao bun & cucumber salad



8.50

### FLAME

portobello Philly cheese steak

7.50

**TUES**

### CREATE

piri piri shrimp skewers served with roasted potato wedges & spanish roasted vegetables



8.50

### FLAME

BLT ranch turkey burger

7.50

**WED**

### CREATE

chicken korma served with jeera rice & punjabi rajma



8.50



Salpicon Tostada, traveling chef table

**THURS**

### CREATE

saffron fish stew served with steamed white rice



8.50

### FLAME

tandoori chicken naanwich

7.50

**FRI**

### CREATE

korean bulgogi beef bowl

8.50

### FLAME

poblano jack chicken burger



7.50



**eatify**

Download and order with the app today!

## SOUPS

### MONDAY

chicken tortilla 1.75/2.50/3.00

### TUESDAY

vegetable minestrone 1.75/2.50/3.00

### WEDNESDAY

chicken thai 1.75/2.50/3.00

### THURSDAY

beef chili 2.00/2.75/3.50

### FRIDAY

cream of broccoli 1.75/2.50/3.00

**CONNECT WITH US**

Ruth Carrillo

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Suggested healthy option